

## SCV-CAMFT Minutes January 28, 2005

**Call to order:** 9:10 a.m.

- In attendance: Mary L., Bonnie, Mary B., Beverly, Ani, Sean, Susan, Renee, Stacy, Trilby
- Not present: Anne, Bernadette, Ben

### **Appreciations:**

- Thank you to Mary B. for her help in finding a North Region chair.

### **Announcements:**

- Ani has become a supervisor at JFK's counseling center.
- Renee is co-presenting an all day workshop at CAMFT's Annual Meeting.
- Bonnie is expecting her baby in March and will not be at the March or April Board meetings.
- Mary L. is moving her office to a location closer to El Camino Hospital.

### **Concerns:**

- None at this time.

### **Approval of minutes from last meeting:**

- Minutes approved as submitted.

### **President's Report/Mary L.:**

- Carol Campbell requested \$25 from local chapters to help defray costs of Annual Meeting in San Jose. Sean will send check.
- East Bay chapter is having their Legal and Ethical workshop the day before SCV-CAMFT has theirs. **Mary L. will call Bonnie B. to talk about spreading out workshops in the future to help local chapters.**
- Friday, March 4, 6 pm, Mary L. will host an informal dinner at her house to help Board plan goals for 2005.

### **President-elect's Report/Ben:**

- Not present.

### **Treasurer's Report/Anne:**

- Not present.

### **Chapter Coordinator's Report/Sean:**

- **Renee will check to see if membership directory is on line at this point.**
- Talked about print-on-demand for membership directory. **Susan and Beverly will explore costs for printing.** SCV-CAMFT will come up with cost for printing, then let members who want a copy know how much it would be.
- SCV-CAMFT has as members less than 50 % of the total number of licensed and pre-licensed therapists in the counties in our area. Discuss this at planning meeting in March.
- Renee raised issue of people who are signing up as members on line but not paying dues through PayPal or by sending a check. After 14 days of not paying, reminder postcard will be sent. After 30 days, member will be notified that application was not complete and they have to resubmit an application.
- Susan brought up leadership conference and wondered if anyone would be attending. **Mary L. will confirm date and any budget to help with costs of attendance.**

### **Committee Reports:**

- Business Development/Trilby:
  - Will continue to pursue idea of SCV-CAMFT developing a relationship with San Jose Mercury news.
  - Obtained membership survey results from state CAMFT; 67 people in our area responded to the survey. Gave some statistics about California therapists (age, gender, etc.). The purpose of the survey was to

understand the members and what they need and want from their professional organization. **Trilby will email info from survey to Board members.**

- Ethics/Beverly:
  - Law and Ethics workshop at El Camino Hospital on February 11, 2005, 9am-4pm.
  - Bev requested to have price for workshops show up on the same page as advertisement on the website.
  - Discussed including CEUs in the cost of future workshops hosted by SCV-CAMFT.
  
- Technology/Renee:
  - Will do a test to see if a PowerPoint presentation could be posted by a member on their page.
  - Reported an increase in use of PayPal.
  - Question came up of whether mentors and mentees could find each other on line at SCV-CAMFT's website, and possibly have a chat room for them. **Susan and Yvonne will give more input and Renee will look further into the possibilities.**
  
- Program Planning and Evaluation/Ani:
  - Distributed list of upcoming events.
  - Holiday event: perhaps join with Well-Being Committee and do something focused on self-care in the first week of December.
  - Ani is working to fill in luncheon slots for the remainder of 2005.
  - Discussed issues with costs of hotel venues for luncheons.
  - Talked about co-sponsorship of events for the future, and how we will define this. Want to know more about the costs of events we co-sponsor, and discuss what kind of payment we will receive. **Come up with a policy on co-sponsorship at next Board meeting.**
  - Discussed how to handle postcard reminders that Marty Klein would like sent for the luncheon where he is presenter.
  - Trilby brought up idea to have each table at luncheons take a moment to introduce themselves at their table.
  - Talked about including announcements at the beginning of luncheons and how to manage that.
  
- Pre-licensed and newly licensed/Susan:
  - SCV-CAMFT will continue having mentors for both licensed and pre-licensed.
  - Discussed sending out to members by email a notification about a paid position for pre-licensed therapists.
  
- Membership/Mary:
  - Distributed report on numbers for chapter membership. Have obtained almost a year of data now.
  - Generated ideas for speaker for 2005 annual meeting: mind/body connection, PTSD protocols, etc.
  
- Volunteer Coordinator/Bernadette:
  - Not present.
  
- Well-Being Committee/Stacy:
  - Talked about Stacy's presence and reviewed reasons for creating a Board position for Well-Being Committee. Appears that both Board and Well-Being Committee recognize the importance of increasing communication. Question is whether or not Stacy will be able to come to Board meetings consistently, or if any other committee member would be willing to take a position on the Board.
  - Committee does not plan to do anything at state conference this year.
  - Committee is considering doing another retreat this year.
  - Would like to have a speaker or workshop on therapist wills.

**Old Business:**

**New Business:**

**Meeting Adjourned:** 11:15 a.m.

