

**SCV-CAMFT Minutes**  
**March 18, 2005**

**Call to order:** 9:15 a.m.

- In attendance: Mary L., Bernadette, Trilby, Susan, Ben, Mary B., Ani, Stacy, Beverly, Sean
- Not present: Anne, Bonnie, Renee

**Appreciations:**

- None at this time

**Announcements**

- Mary has moved into her new office, and is very happy with it.
- Sean will be on vacation May 27-30 and 9/22 or 23 through 10/7 or 8.

**Concerns:**

- None at this time

**Approval of minutes from last meeting**

- Minutes approved as submitted.

**Treasurer's Report/Anne:**

- Anne was absent due to illness. Action items are carried over to April.
- **Will research liability insurance for the Board** (most likely will use same company recommended by state CAMFT).
- **Sean will print quarterly reports for budget (assets/liabilities) back to 2001.**
- **Mary L. will transfer \$5000 from checking account back into money market account.**

**President's Report/Mary L.:**

- **Mary L. will call Mary Riemersma to talk about ways to improve legal services CAMFT members receive.**

**President-elect's Report/Ben:**

- Ben has formed a nominating committee: himself, Bea Armstrong, and Paul Agustinovich. **Ben will put a brief paragraph in the newsletter announcing the committee's formation and inviting people to contact the committee if interested in being on the Board or want to nominate someone else.** Candidates will have initial interviews with Bea and Paul; Ben will interview all the final candidates.
- **All Board members should inform Ben if they don't plan to continue to serve on the Board, or if are interested in a different position, especially President Elect.**
- **Ben will send some points on the Leadership Conference in email to Board members.** He encourages Board members to email reports to the extent that they contain routine matters, to make more time available for strategic planning at meetings.
- Material from leadership conference is available on the CAMFT web site. **Slides from a presentation on strategic planning will be copied by Sean for Board members.**

**Chapter Coordinator's Report/Sean:**

- Membership directory printing will cost about \$15 for printing a copy of the membership directory, \$20 with cover. The chapter will provide a hard copy of the directory at cost to members. Board members will receive a free copy upon request. **Mary B. will write a paragraph for the newsletter letting members know that this is available.**
- **Sean will call Carol Campbell to ask if there is anything he should do for the Annual Conference.**
- **Sean will change text on Therapist Finder to "emphasis" from "specialties"**
- Sean can update the membership directory more frequently now that it is online.
- We can make the newsletter available on the web as a pdf, and email a link to members at the same time the newsletter is sent by mail. **For the first few months Sean will send both**, then ask for people who want to receive only email.
- Display ads are still not a part of the website. We are waiting for the web company to get this working.

- Co-sponsoring events. We won't try to decide on a general policy, instead we will deal with events on a case-by-case basis. A likely option is to be reimbursed for our costs plus receive the money paid for CEUs. Sean's time is fully committed, so we may need to make sure that there is someone who can take care of tasks involved in co-sponsoring.

## Committee Reports:

### Volunteer Coordinator / Bernadette

- Nothing is needed for the state conference except volunteers; Marilyn Regan has put out a call.

### Well-Being Committee / Stacy

- State conference: there will be a hospitality function that includes well-being. The Well-Being committee plans to have some printed material on well-being (topics to be determined) that might be included in registration packets or made available at a table.
- The committee is planning a Mini-retreat on 10/8 on Therapist Wills.
- There were two calls for consultation this month. **Mary L. will ask Mary R. whether it is appropriate to offer consultation under the auspices of the chapter.**
- The committee is planning a holiday retreat if it seems that members will be interested at that time of year. In any case, they plan to hold a retreat at some time this year.

### Business Development / Trilby:

- **Trilby will do a first draft of a survey of our members to find out what they would like from the chapter and circulate it to all Board members.** We could use volunteers to do phone interviews with members who don't respond to mail. **Bernadette will write a notice for the newsletter requesting volunteers.**

### Ethics / Beverly:

- Santa Cruz charged licensed members substantially more than we did for the legal and ethical workshop. **Bev will call to see what their attendance was.**

### Technology / Renee

- Renee was absent but sent a report by email.
- **Ben asks for suggestions for filling the Technology Director position.**

### Program Planning and Evaluation / Ani:

- **Lou's is going out of business, so we will need a new place for South Region luncheons.**
- We only lost \$10 at N region luncheon last month.
- The Holiday Event has been poorly attended in recent years. **Ani will consider doing an email survey to find out whether people would attend a retreat or something aimed at serving others.** The Board has no objection to there being no holiday event this year.

### Pre-licensed and newly licensed / Susan

- The Mentor/mentee section of the website should be available soon
- The pre-licensed brochure is nearly done. **Susan will get final edits to Trilby and have them for Board at our next meeting.**

### Membership / Mary B

- Mary is talking with Shauna Shapiro about speaking at the annual meeting. Shauna's area of research is mindfulness, and she would talk about how it is used in therapy.
- **Bev will bring materials from a conference she attended on spirituality at which Shauna presented, so we could get a feel for her work.**
- Other ideas for speakers include Fred Luskin, Scott Miller, people from a VA training, and Emmet Miller.

## Old Business:

## New Business:

**Meeting Adjourned:** 11:15 a.m.