

**SCV-CAMFT BOARD MEETING MINUTES**  
**October 23, 2015**

Call To Order: 9:10am by Debra Rojas, President

Present: Debra D. Rojas, Kate Viret, Melissa Risso, Kim Panelo, Eleanor Scott, Merrett Sheridan joined via phone

Absent: Elizabeth Basile, Jenna Benson Sholl, Kelly Kilcoyne, Nancy Andersen, Michal Sadoff

Guest: Nancy Orr, Chapter Coordinator

**President – Debra Rojas**

Annual Meeting update: Debra reported the gifts for past presidents were purchased along with promotional items to give away at the annual meeting. Debra requested nominations for the Volunteer of the Year. Kelly nominated Catherine Rodriguez and the board agreed. She then asked for nominations for the Chapter Leadership Award and Melissa Risso named Jamie Moran. The board agreed. Debra will notify Catherine and Jamie and will order their awards to be presented at the annual meeting.

Debra reminded the board that the end of year brunch will be December 13, 2015 at 11 a.m. at Il Fornaio in Palo Alto.

**Prelicensed & Newly Licensed – Kelly Kilcoyne**

Virtual attendance at support groups: Kelly reported one of the support group leaders received a request to join by Skype or Facetime. The therapist is a CAMFT member but not a member of our chapter. She lives over 100 miles out of our area and no chapter near her offers a newly-licensed support group. Kelly reported the group let her attend one session via Skype and it worked well. But she has not attended since. Discussion ensued and the board suggested since this is a rare circumstance to allow the group leaders discretion on whether they want to let someone from out of the area attend using technology. The board emphasized that chapter members should attend in person and that this was an unusual situation.

**Business Development – Melissa Risso**

San Mateo/Peninsula networking group update: In response to the diminished attendance at north region luncheons, Melissa reported she spoke with a group from the north region regarding their concerns about the chapter's programming:

- They feel excluded from the chapter
- Fridays are not good days for luncheons; they prefer Mondays, Wednesdays or Sundays
- Don't like the food or location or time of the luncheons
- Don't need/want a luncheon
- Don't like the topics. Prefer clinical skill-building workshops instead

The board previously agreed to end north region luncheons. Beginning 2016 the chapter will schedule 4 innovative programs, 2 in the north region and 1 in south region. The fourth innovative program is scheduled for January 23 in Menlo Park. Melissa said that Menlo Park is still too far south for those in the north.

Elizabeth will prepare a survey for the north region to determine their interests and will convey the results to Dana Backstrom for planning purposes. Other ideas include finding a volunteer from the north region to spearhead scheduling an innovative program in that region.

Another idea is to schedule the new spring workshop in the north region.

#### **Special Events – Kim Panelo**

2016 Annual Workshop Update: Dr. Olcese has committed to speak in July, exact date TBA. Kim recommended a fee of \$800 plus expenses. The workshop budget for 2016 will be split between the annual workshop and the new spring event to be held in the north region.

New Spring Event: Kim reported Kris Spangler from the Redwood Empire Chapter has submitted a speaker proposal on transgender issues. This will be a 4 hour workshop to be held in the north region. Date is Saturday March 19 from 10am – 2pm.

#### **Past-President – Kate Viret**

Financials: Kate provided an overview of the P&L and Balance Sheet along with a budget review.

Merrett Sheridan, CFO, joined the meeting via telephone and a quorum was established.

#### **CFO – Merrett Sheridan**

Kate asked Merrett several clarifying questions based on the board's discussion of the proposed budget. Merrett answered the questions.

**Action:** Upon motion made and seconded the board unanimously approved the 2016 budget.

Meeting adjourned at 11:15 am.

I do hereby attest that these Minutes are an accurate accounting of SCV-CAMFT's Board of Directors Meeting held on October 23, 2015 and approved by the Board of Directors on November 13, 2015.

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Michal Ruth Sadoff, Secretary